FORM 4

Check this box if no	
longer subject to	
Section 16. Form 4 or	
Form 5 obligations	
may continue. See	1
Instruction 1(b).	1

UNITED STATES SECURITIES AND EXCHANGE COMMISSION OMB APPROVAL Washington, D.C. 20549 OMB 323

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Respo	onses)									
1. Name and Addres Schiffel Dennis	ss of Reporting Perso	on [*] 2. Issuer Na Symbol CAPSTON [CPST]			ter or Trading	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Officer (give titleOther (specify below)				
3038 RED ARRO	(First) (Middle OW DRIVE	3. Date of Ea (Month/Day, 09/16/2005	/Year)	msac	ction	below)				
LAS VEGAS, N	4. If Amendi Filed(Month/E	,	te Oi	riginal	6. Individual or Joint/Group Filing(Check Applicable Line) -X. Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State) (Zip)	Table I -	Non-De	riva	tive Securities Acqu	ired, Disposed of, or I	Beneficially	Owned		
1.Title of Security (Instr. 3)		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transact Code (Instr. 8		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) Amount (D) Price	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		Beneficial Ownership		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

		(e.g.	., puts, calls, warra	ants, opt	ION	s, conver	tible	e securities)							
1. Title of	2.	3. Transaction	3A. Deemed	4.		5. Numb	er	6. Date Exercisat	ole and	7. Title and	Amount	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transact	ion	of		Expiration Date		of Underlyi	ing	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code		Derivativ	ve	(Month/Day/Yea	r)	Securities		Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Securitie	s			(Instr. 3 and	d 4)	(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative					Acquired	1						Owned	Security:	(Instr. 4)
	Security					(A) or							Following	Direct (D)	
						Dispose	d of						1	or Indirect	
						(D)							Transaction(s)	(I)	
						(Instr. 3,	4,						(Instr. 4)	(Instr. 4)	
						and 5)									
											Amount				
								Date	Expiration		or				
								Exercisable	Date	Title	Number				
								Excicisable	Date		of				
				Code	V	(A)	(D)				Shares				
Stock															
Option										Common Stock				_	
(right to	\$ 5.45	09/16/2005		A		10,000		12/16/2005 <mark>(1)</mark>	09/16/2015	Stock	10,000	\$0	10,000	D	
										STOCK					
buy)															

Reporting Owners

Penerting Owner Name (Address	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Schiffel Dennis 3038 RED ARROW DRIVE LAS VEGAS, NV 89135	х							

Signatures

 /s/ Walter McBride, Power of Attorney for Reporting Person Dennis Schiffel
 09/19/2005

 Signature of Reporting Person
 Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) This option vests quarterly over a one-year period.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.