FORM ·	4
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Check this box if no	
longer subject to	5
Section 16. Form 4 or	
Form 5 obligations	
may continue. See	F
Instruction 1(b).	1

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION OMB APPROVAL Washington, D.C. 20549 OMB

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

3235-Number: 0287 Estimated average burden hours per 0.5 response..

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Respo	onses)								
1. Name and Addre LOTAN NOAM	on <sup>*</sup> 2. Issuer Na Symbol CAPSTON [CPST]			ter or Trading	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner Officer (give title Other (specify below)				
(Last) C/O MRV COMI INC, 8917 FULL		3. Date of Ea (Month/Day, 09/16/2005	Year)	nsa	ction	below)			
CHATSWORTH	(Street) I, CA 91311	4. If Amendi Filed(Month/E	· ·	e Oi	riginal	6. Individual or Joint/Group Filing(Check Applicable Line) -X. Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State) (Zip)	Table I -	Non-De	riva	tive Securities Acqu	uired, Disposed of, or Beneficially Owned			
1.Title of Security (Instr. 3)	Date (Month/Day/Year)		Code		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) (D) Price	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		Beneficial Ownership	

Reminder: Report on a separate line for each class of securities beneficially owned

directly or indirectly.

Persons who respond to the collection of	SEC 1474
information contained in this form are not	(9-02)
required to respond unless the form displays a	
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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

	(e.g., puts, calls, warrants, options, convertible securities)														
1. Title of	2.	3. Transaction	3A. Deemed	4.		5. Numb	er	6. Date Exercisat	ole and	7. Title and	Amount	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transact	ion	of		Expiration Date		of Underlyi	ng	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code		Derivativ	ve	(Month/Day/Yea	r)	Securities		Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	)	Securitie	s			(Instr. 3 and	14)	(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative					Acquired	ł							2	(Instr. 4)
	Security					(A) or								Direct (D)	
						Dispose	d of						· · · · · ·	or Indirect	
						(D)							Transaction(s)	· · /	
						(Instr. 3,	4,						(Instr. 4)	(Instr. 4)	
						and 5)	-								
											Amount				
								Date	Expiration		or				
									Date	Title	Number				
				<u> </u>	• •	( ) )					of				
				Code	V	(A)	(D)				Shares				
Stock															
Option	¢ 5 4 5	00/16/2005				10.000		(1)	00/16/2015	Common Stock	10.000	¢O	10,000	D	
(right to	\$ 5.45	09/16/2005		А		10,000		12/16/2005 <mark>(1)</mark>	09/16/2015	Stock	10,000	\$0	10,000	D	
buy)															
ouj)															

## **Reporting Owners**

Bonosting Organ Name (Address	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
LOTAN NOAM C/O MRV COMMUNICATIONS INC 8917 FULLBRIGHT AVE CHATSWORTH, CA 91311	х							

## Signatures

/s/ Walter McBride, Power of Attorney for Reporting Person Noam Lotan	09/19/2005
-Signature of Reporting Person	Date

## **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) This option vests quarterly over a one-year period.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.