Check this box if no	
longer subject to	-
Section 16. Form 4 or	
Form 5 obligations	
may continue. See	F
Instruction 1(b).	1

UNITED STATES SECURITIES AND EXCHANGE COMMISSION OMB APPROVAL Washington, D.C. 20549 OMB 323

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Respo	onses)							
1. Name and Addres Estus Leigh L	on [*] 2. Issuer Na Symbol CAPSTON [CPST]			er or Trading	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director XOfficer (give title Other (specify below)			
(Last) 21211 NORDHC	 3. Date of Ea (Month/Day) 11/07/2005 	Year)	nsac	ction	below) VP Operations			
CHATSWORTH	4. If Amendi Filed(Month/E		e Oı	riginal	6. Individual or Joint/Group Filing(Check Applicable Line) -X. Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	Table I -	Non-De	riva	tive Securities Acqu	uired, Disposed of, or Beneficially Owned			
1.Title of Security (Instr. 3)	Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transact Code (Instr. 8 Code)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Price	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Ownership Form:	Beneficial Ownership

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (a.g., pute cells, warrants, aptions, convertible securities)

	(e.g., puts, cans, warrants, options, convertible securities)														
1. Title of	2.	3. Transaction	3A. Deemed	4.		5. Numbe	r of	6. Date Exe	rcisable and	7. Title and	Amount	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transact	tion	Derivative	;	Expiration I	Date	of Underlyi	ng	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code		Securities		(Month/Day	/Year)	Securities		Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acquired	(A)			(Instr. 3 and	14)	(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative					or Dispos	ed						Owned	Security:	(Instr. 4)
	Security					of (D)							Following	Direct (D)	
						(Instr. 3, 4	ŀ,						Reported	or Indirect	
						and 5)							Transaction(s)	(I)	
											Amount		(Instr. 4)	(Instr. 4)	
								Date	Expiration	TT: 4	or				
								Exercisable	Date	Title	Number				
				Code	V	(A)	(D)				of Shares				
Stock	¢ 0.75	11/07/2005				500.000		(1)	11/07/0015	Common	500.000	¢.0	500.000	D	
Option	\$ 2.75	11/07/2005		A		500,000		<u>(1)</u>	11/07/2015	Stock	500,000	\$0	500,000	D	

Reporting Owners

Departing Owner Name / Address	Relationships							
Reporting Owner Name / Address		10% Owner	Officer	Other				
Estus Leigh L 21211 NORDHOFF STREET CHATSWORTH, CA 91311			VP Operations					

Signatures

/s/ Leigh L. Estus	11/08/2005
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 125,000 shares will become exercisable on 11/7/2006; the remaining 375,000 shares will vest on a pro rata basis over the ensuing 36 months.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.