FORM 4	1
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Check this box if no	
longer subject to	
Section 16. Form 4 or	
Form 5 obligations	
may continue. See	1
Instruction 1(b).	1

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION OMB APPROVAL Washington, D.C. 20549 OMB 323

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Respo	onses)										
1. Name and Addres SIMON GARY I	2. Issuer Na Symbol CAPSTON				U	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X. Director 10% Owner					
(Last) 21211 NORDHO		3. Date of Earliest Transaction (Month/Day/Year) 08/18/2006						Officer (give titleOther (specify below)			
	(Street) CHATSWORTH, CA 91311				e Or	iginal		6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(City) (State) (Zip)				rivat	tive Secur	rities	ired, Disposed of, or Beneficially Owned			
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execu any	tion Date, if	3. Transact Code (Instr. 8 Code	ion	4. Securi Acquired Disposed (Instr. 3, Amount	(A) of (I 4 and (A) or	or D)	Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Direct (D)	7. Nature of Indirect Beneficial Ownership (Instr. 4)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02) required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

	(is, pus, cus, withins, option, conversion securities)														
Security (Instr. 3)	Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if	4. Transact Code	tion )	5. Numb	ve ve s d	6. Date Exercisal Expiration Date (Month/Day/Yea		7. Title and of Underlyi Securities (Instr. 3 and	ng	Derivative Security (Instr. 5)	Securities Beneficially Owned Following	Ownership Form of Derivative	11. Nature of Indirect Beneficial Ownership (Instr. 4)
						(D) (Instr. 3, and 5)	, 4,				Amount or		Transaction(s)		
				Code	v	(A)		Exercisable	Expiration Date	Title	Number of Shares				
Stock Option (right to buy)	\$ 2.03	08/18/2006	08/18/2006	А		10,000		11/18/2006 <sup>(1)</sup>	08/18/2016	Common Stock	10,000	\$ 2.03	10,000	D	

## **Reporting Owners**

Departing Owner Name / Address	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
SIMON GARY D 21211 NORDHOFF STREET CHATSWORTH, CA 91311	х							

## Signatures

 Robin Deyo, Power of Attorney for Gary Simon, Reporting Person
 08/21/2006

 Signature of Reporting Person
 Date

## **Explanation of Responses:**

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Option vests quarterly over a one-year period.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.