UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

Estimated average

3235-

0287

0.5

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Number:

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

longer subject to Section 16. Form 4 or Form 5 obligations $\ \, \text{may continue.} \, \textit{See}$

Instruction 1(b).

burden hours per response.. Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Print or Type Respon	ises)										
Name and Address Gilbreth Mark	2. Issuer Na Symbol CAPSTON				Ü	1	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (1 21211 NORDHO	3. Date of Earliest Transaction (Month/Day/Year) 12/10/2008						X_ Officer (give title Other (specify below) EVP Operations & CTO				
CHATSWORTH,		4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Exec any	ution Date, if	Code		4. Securities Acquired (A) Disposed of (Instr. 3, 4 ar		O)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount		Price		(Instr. 4)		
Common Stock	12/10/2008			A		20,000	A	\$0	145,000	D	
Reminder: Report on directly or indirectly.	a separate line for ea	nch cla	ass of securities	s benefic	, ,		ho re	spon	d to the collection	of	SEC 1474

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

 Title of 	2.	Transaction	3A. Deemed	4.		Numb	er	Date Exercisal	ole and	Title and	Amount	Price of	Number of	10.	Nature	ı
Derivative	Conversion	Date	Execution Date, if	Transac	Fransaction of E		Expiration Date		of Underlying		Derivative	Derivative	Ownership	of Indirect	ı	
Security	or Exercise	(Month/Day/Year)	any	Code		Derivativ	/e			Securities		Security	Securities	Form of	Beneficial	1
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Securitie	s			(Instr. 3 and	14)	(Instr. 5)	Beneficially	Derivative	Ownership	ı
	Derivative					Acquired	i						Owned	Security:	(Instr. 4)	1
	Security					(A) or							Following	Direct (D)		1
						Disposed	d of						Reported	or Indirect		1
						(D)							Transaction(s)	(I)		l
						(Instr. 3,	4,						(Instr. 4)	(Instr. 4)		l
						and 5)								í		1
											Amount			í		l
								Dete	Expiration		or			í		l
									Date	Title	Number			í		l
								Exercisable	Date		of			í		l
				Code	V	(A)	(D)				Shares					l
Employee																l
Stock														í		l
Option	\$ 0.87	12/10/2008		۸		75,000		12/10/2009(1)	12/10/2019	Common Stock	75 000	\$0	75,000	D		l
	\$ 0.67	12/10/2008		Α		73,000		12/10/2009	12/10/2018	Stock	73,000	\$0	73,000	ט	1	l
(Right-																l
To-Buy)																l

information contained in this form are not

required to respond unless the form displays a currently valid OMB control number.

Reporting Owners

Donouting Orymon Name / Address	Relationships								
Reporting Owner Name / Address		10% Owner	Officer	Other					
Gilbreth Mark 21211 NORDHOFF STREET CHATSWORTH, CA 91311			EVP Operations & CTO						

Signatures

Mark Gilbreth, Reporting Person	12/12/2008
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 25% of the option vests on this date; and 1/48th of the shares vest monthly thereafter.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.