Check this box if no	
longer subject to	
Section 16. Form 4 or	
Form 5 obligations	
may continue. See	
Instruction 1(b).	

UNITED STATES SECURITIES AND EXCHANGE COMMISSION OMB APPROVAL Washington, D.C. 20549 OMB

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Number: 0287 Estimated average burden hours per 0.5 response.

3235-

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)												
1. Name and Addres ATKINSON RIC	2. Issuer Na Symbol CAPSTON				U	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
(Last) 21211 NORDHC	3. Date of Ea (Month/Day/ 08/27/2009	Year)	nsac	tion		Officer (give title Other (specify below)						
CHATSWORTH		4. If Amendr Filed(Month/E		e Or	iginal		6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	-	Table I -	Non-De	rivat	tive Secur	ired, Disposed of, or Beneficially Owned						
1.Title of Security (Instr. 3)	nstr. 3) Date Exec (Month/Day/Year) any		eemed tion Date, if th/Day/Year)	3. Transact Code (Instr. 8 Code	Acquired Disposed	Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or		Following Reported Transaction(s) (Instr. 3 and 4)	Direct (D)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02) required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)	
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	Conversion		3A. Deemed Execution Date, if	4. Transact Code	ion	5. Numb of Derivativ		6. Date Exercisal Expiration Date (Month/Day/Yea		7. Title and of Underlyi Securities		Derivative	9. Number of Derivative Securities	Ownership	11. Nature of Indirect Beneficial
Ì,	Price of Derivative Security		(Month/Day/Year)	(Instr. 8		Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		· ·		(Instr. 3 and 4)			Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Security: Direct (D) or Indirect	Ownership (Instr. 4)
				Code	v	(A)		Exercisable	Expiration Date		Amount or Number of Shares				
Stock Option (right to buy)	\$ 1.19	08/27/2009		А		10,000		11/27/2009 ⁽¹⁾	08/27/2019	Common Stock	10,000	\$0	10,000	D	

Reporting Owners

Reporting Owner Name (Address	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
ATKINSON RICHARD K 21211 NORDHOFF STREET CHATSWORTH, CA 91311	х							

Signatures

Clarice Hovsepian, Power of Attorney for Richard K. Atkinson, Reporting Person Signature of Reporting Person

08/31/2009 Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Stock options vest and are exercisable as follows: 2,500 on 11/27/2009, 2,500 on 2/27/2010, 2,500 on 5/27/2010 and 2,500 on 8/27/2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.