1	Check this box if no	
	longer subject to	
	Section 16. Form 4 or	
	Form 5 obligations	
	may continue. See	
	Instruction 1(b).	

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

OMB APPROVAL OMB 3235-Number: 0287 Estimated average burden hours per 0.5 response...

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Respor	ises)		-										
1. Name and Address PROTSCH ELIO	2. Issuer Na Symbol CAPSTON				C		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
(Last) (F 21211 NORDHOI	3. Date of Ear (Month/Day/ 08/12/2010	Year)	nsact	ion		-	Officer (give title Other (specify below) below)						
(S NORDHOFF STR		4. If Amendn Filed(Month/Da		e Ori	ginal			6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (S	State) (Zip)		Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of Security (Instr. 3)	Date Execution (Month/Day/Year) any		ution Date, if	Code Year) (Instr. 8)		4. Securities Acquired (A) Disposed of ((Instr. 3, 4 and (A) or Amount (D)		D)	Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	08/12/2010			Р		10,000	A	\$ 0.75	129,964	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

	o respond to the collection of	SEC 1474
information	contained in this form are not	(9-02)
required to I	respond unless the form displays a	
currently va	lid OMB control number.	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4.	5.			6. Date Exer	cisable	7. Tit	le and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transactio	n N	n Number a		and Expirati	on Date	Amount of		Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code	of	of ((Month/Day	/Year)	Underlying		Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	D	eriva	tive	ive		Securities		(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative				S	ecuri	ties			(Inst	: 3 and		Owned	Security:	(Instr. 4)
	Security				А	.cquii	ed			4)			0	Direct (D)	
						(A) or							Reported	or Indirect	
						Disposed							Transaction(s)	· /	
						of (D)							(Instr. 4)	(Instr. 4)	
					`	(Instr. 3,									
					4,	4, and 5)									
											Amount				
								Date	Expiration		or				
								Exercisable	Expiration Date	Title	Number				
								EACICISAULE	Date		of				
				Code V	/ (/	A) ((D)				Shares				

Reporting Owners

Ben enting Orun en Norme / Address	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
PROTSCH ELIOT G 21211 NORDHOFF STREET NORDHOFF STREET, CA 91311	x							
NORDHOFF STREET, CA 91311								

Signatures

Clarice Hovsepian, Power of Attorney for Eliot Protsch, Reporting Person

-Signature of Reporting Person

08/12/2010 Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.