FORM 4

(Print or Type Peer

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(1 fillt of Type Respoi											
Name and Address Crouse James D	Issuer Name and Ticker or Trading Symbol CAPSTONE TURBINE Corp [cpst]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (F 21211 NORDHOI	3. Date of Earliest Transaction (Month/Day/Year) 05/14/2014						X_ Officer (give title Other (specify below) EVP Sales & Marketing				
CHATSWORTH,	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (S	State) (Zip)		Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Exect	ution Date, if	Code		Acquired Disposed	Acquired (A) or Disposed of (D) Instr. 3, 4 and 5) (A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership
Common Stock	05/14/2014			A		40,000	A	\$0	198,134	D	
Common Stock									20,000	I	By Children
Reminder: Report on directly or indirectly.	a separate line for ea	ich cla	ass of securities	s benefic	,				od to the collection	-4	SEC 1474
					inf red	ormation	n cor resp	itaine pond	d to the collection of in this form are numbers the form discontrol number.	ot	SEC 1474 (9-02)

$\label{thm:continuous} Table~II-Derivative~Securities~Acquired,~Disposed~of,~or~Beneficially~Owned~\\ (\textit{e.g.},~puts,~calls,~warrants,~options,~convertible~securities)$

 Title of 	2.	Transaction	3A. Deemed	4.		5. Number	r of	Date Exercisal	ole and	Title and	Amount	8. Price of	Number of	10.	11. Nature	ı
Derivative	Conversion	Date	Execution Date, if	Transact	tion	Derivative		Expiration Date		of Underlyi	ing	Derivative	Derivative	Ownership	of Indirect	l
Security	or Exercise	(Month/Day/Year)	any	Code		Securities		(Month/Day/Yea	r)	Securities		Security	Securities	Form of	Beneficial	l
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acquired	(A)			(Instr. 3 and	d 4)	(Instr. 5)	Beneficially	Derivative	Ownership	ı
	Derivative					or Dispos	ed						Owned	Security:	(Instr. 4)	l
	Security					of (D)							Following	Direct (D)		l
						(Instr. 3, 4	ŀ,						Reported	or Indirect		l
						and 5)							Transaction(s)	(I)		l
											Amount		(Instr. 4)	(Instr. 4)		l
								Date	Expiration	m: d	or			1		l
								Exercisable	Date	Title	Number			1		l
				Code	V	(A)	(D)				of Shares					l
Employee																l
Stock										C						l
Option	\$ 1.40	05/14/2014		Α		143,600		05/14/2015 ⁽¹⁾	05/14/2024	Common	143,600	\$0	143,600	D		l
(Right-to-						,		03/14/2013		Stock	,	7 "	- 10,000	-		l
																l
Buy)																ı

Reporting Owners

Reporting Owner Name / Address	Relationships						
Reporting Owner Name / Address		10% Owner	Officer	Other			
Crouse James D							
21211 NORDHOFF STREET			EVP Sales & Marketing				
CHATSWORTH, CA 91311							

Signatures

James Crouse, Reporting Person	05/16/2014
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- $\textbf{(1)}\ 25\%\ of\ the\ options\ vest\ on\ this\ date;\ and\ monthly\ thereafter\ on\ a\ pro\ rata\ basis\ following\ the\ next\ 36\ months.$

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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