FORM ·	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Respon	ises)											
1. Name and Address Van Deursen Holl	2. Issuer Name a CAPSTONE T				mbol		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) 21211 NORDHOF	(First) FF STREET	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 08/11/2016						Officer (give title below)	Other (specify b	pelow)	
CHATSWORTH,	(Street) CA 91311		_X_Form filed by O						6. Individual or Joint/Group Filin _X_Form filed by One Reporting Person Form filed by More than One Reporting			
(City)	(State)	(Zip)	Tal	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Ye		Date (Month/Day/Year)	~	3. Transaction4. Securities AcquiredCode(A) or Disposed of (D)(Instr. 8)(Instr. 3, 4 and 5)			isposed	l of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. 7. Nature Ownership Form: Beneficia		
			(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownersh (Instr. 4)	
Common Stock		08/11/2016		Р		31,900	( )		61,705	D		
Common Stock		08/11/2016		Р		200	А	\$ 1.51	61,905	D		
Common Stock		08/11/2016		Р		1,200	А	\$ 1.5085	63,105	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

	( <i>e.g.</i> , puts, calls, warrants, options, convertible securities)														
1. Title of	2.	3. Transaction	3A. Deemed	4.	5.	Num	ber	6. Date Exer	cisable	7. Tit	le and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transaction	n of			and Expirati	on Date	Amo	unt of	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code	D	erivat	ive	(Month/Day	/Year)	Unde	rlying	Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Se	ecuriti	es			Secu	rities	(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative				A	cquire	d			(Instr	. 3 and		Owned	Security:	(Instr. 4)
	Security				(A	() or				4)			0	Direct (D)	
						ispose	d						*	or Indirect	
						f (D)					Transaction(s)	< / <			
					~	nstr. 3						(Instr. 4)	(Instr. 4)		
					4,	and 5	ind 5)								
											Amount				
								Date	Expiration		or				
								Exercisable	Expiration Date	Title	Number				
								Excicisable	Date		of				
				Code V	(/	A) (l	D)				Shares				

## **Reporting Owners**

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Van Deursen Holly 21211 NORDHOFF STREET CHATSWORTH, CA 91311	Х							

### Signatures

Clarice Hovsepian, Power of Attorney for Holly Van Deursen, Reporting Person

Signature of Reporting Person

08/11/2016 Date

# **Explanation of Responses:**

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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